



## What to expect during a Feeding/Dysphagia Evaluation.

Things that you can do to ensure the best evaluation:

- Come on time: you are given an evaluation slot. If you come on time with your paperwork, we can spend the entire time evaluating your child.
- Bring your child hungry but not starved. The best evaluations are when your child is able to eat a variety of their typical foods.

What should I bring? Infant

- Be prepared to feed your baby all of the ways that s/he is fed.
- We have a Boppy pillow for you to use for your convenience. Please bring your own or your Breast friend pillow if you prefer.
- If your child is bottle fed, please bring the bottle that you are currently using and any that you have tried.

What should I bring? Child

- Bring the foods that your child eats easily and those that are more difficult.
- If your child eats a variety of foods, please bring one from every group. We have provided some examples: puree (yogurt, applesauce, pudding), crunchy solid (crackers, veggie sticks), soft solid (orange, raisins), mixed texture (mac and cheese), complex solid (meats).
- Bring your child's typical utensils. (Forks, spoons, cups)
- Drinks (include all ways your child drinks bottles, sippy cup, straw, etc.)

What should I expect?

- We will interview you to review your child's medical history, determine specific feeding problems and address your specific feeding concerns.
- We will evaluate your child's oral structures, help identify tongue or lip tie (ankyloglossia and restricted maxilla frenulum restriction)
- We will evaluate oral function while observing your child's eating and drinking.
- Your child will not necessarily eat a full meal during the evaluation.
- After the evaluation, we will discuss our findings, make recommendations and develop a plan of care.